

PRIVACY POLICY

Effective Date: December 1, 2025

Last Updated: December 9, 2025

Metro Fitness North (“we,” “our,” or “us”) respects your privacy. This Privacy Policy explains how we collect, use, and protect your information when you interact with our website.

1. Information We Collect

A. Information You Provide Voluntarily

- Name
- Email address
- Phone number
- Messages submitted through contact forms

B. Information Collected Automatically

When you visit the Site, we may automatically collect:

- IP address
- Browser type and device information
- Pages visited and time spent
- Cookies and tracking data

We do not knowingly collect data from children under 13.

2. How We Use Your Information

We may use your information to:

- Respond to inquiries and customer service requests
- Provide membership or service information
- Improve Site experience and performance
- Communicate important updates
- Comply with legal obligations

We do not sell your personal information.

3. Sharing Your Information

We may share information with:

- Website hosting providers
- Analytics or security tools
- Legal authorities when required by law
- Internal staff for operational purposes

These parties are permitted to use information only as necessary to perform their services.

4. Cookies & Tracking Technologies

We may use cookies to:

- Improve Site speed and functionality
- Analyze visitor behavior
- Enhance your browsing experience

Most browsers allow you to disable cookies, but doing so may affect Site performance.

5. Data Security

We use reasonable measures to protect your information. However, no online platform can guarantee absolute security.

6. Your Rights & Choices

You may request that we:

- Update or correct your information
- Remove your information from our records
- Provide details about how your data is used

To submit a request, contact: **julie@metrofitnessohio.com**

7. Third-Party Websites

If our Site links to external websites, their privacy practices apply—not ours. We encourage you to review their privacy statements.

8. Updates to This Privacy Policy

We may revise this Privacy Policy periodically. Updates will be posted with a new “Last Updated” date.

9. Contact Us

If you have questions about this Privacy Policy, contact:

Metro Fitness North

1245 Worthington Woods Blvd

Worthington, OH 43085

Phone: 614-431-9999

Email: julie@metrofitnessohio.com